**FOR IMMEDIATE RELEASE**

**24-Year-Old Woman Becomes Youngest and Fastest Person to Visit Every Country, Sets Four Guinness World Records**

*Tuscaloosa, Alabama - June 11, 2019 -* Taylor Demonbreun has officially visited every country in the world. The 24-year-old visited her 196th and final country, Canada, on December 7, 2018 and is now officially verified by Guinness World Records. She is the new record holder for the Youngest to travel to all sovereign countries (overall), Youngest to travel to all sovereign countries (female), Fastest time to visit all sovereign countries (overall), and Fastest time to visit all sovereign countries (female). She will be receiving her certificates in person today, June 10, at the Guinness World Records offices in New York.

Taylor's journey, entitled TrekWithTaylor, began on June 1, 2017, in the Dominican Republic. Her travels lasted 1 year and 189 days, and her age at completion was 24 years and 48 days. Taylor is from Tuscaloosa, Alabama and graduated in May 2017 from Vanderbilt University with degrees in Economics and Public Policy.

Taylor’s mission is to encourage others, especially young women, to explore beyond their comfort zones, follow their dreams, and to never take no for an answer. Taylor’s biggest takeaway from her travels, in her own words, was that “even though we all might look a little different, speak a different language, or practice a different religion, the inherent desire for basic values, freedoms, and safety in life is the same in all of us.”

Taylor’s travels can be followed on social media at @TrekWithTaylor or on her website trekwithtaylor.com.

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